



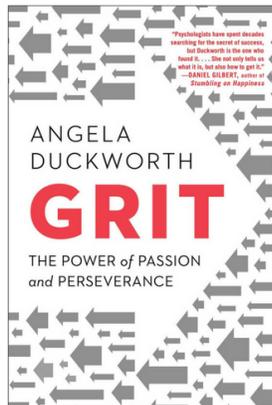
Los Alamos Public Schools

P.O. Box 90
2075 Trinity Drive
Los Alamos, New Mexico 87544

PRESS RELEASE

For Immediate Release

LAPS Announces the Second Session of the Healthy Schools Initiative Community Book Read



Free books for the first 50 participants - light food and refreshments provided.



Join us in a community-wide book club to support raising competent and confident youth.

Sponsored by
100+ Women Who Care,
the LAPS Foundation,
and Zia Credit Union.

Read along and participate in three facilitated discussion groups.

Thursdays, Oct 5th and 19th,
Nov 2nd from 5:30-7:00 pm at the
Los Alamos High School Library.
Sign up at k.coblentz@laschools.net
or 663-2263.

The LAPS Healthy Schools Initiative invites parents, teachers, and community members to join the second session of our Community Book Read sponsored by 100+ Women Who Care, the Los Alamos Public Schools Foundation, and Zia Credit Union. The first session was held last Spring and provided a welcomed venue for exchanging ideas and building mutual support. More than fifty people participated and the response was overwhelmingly positive.

An LAPS parent offered this feedback, “I really enjoyed these conversations. I've been doing things at home differently, like looking for opportunities for real growth, letting my kids answer more of their own questions and figure things out.” Another participant

responded, “Thank you again for organizing such a wonderful and enriching program. It was fun!”

This session's selection is the acclaimed book *Grit: the Power of Passion and Perseverance* by Angela Duckworth. Duckworth, a psychologist and academic at the University of Pennsylvania, encourages readers to look past a focus on ability and talent and recognize the importance of grit as an important element of success. She offers background research and tips for helping develop grit in all areas: school, athletics, work, and life. This book has received a lot of attention in the last year and is sure to inspire lively discussion.

From the book description: “Drawing on her own powerful story as the daughter of a scientist who frequently noted her lack of “genius,” Duckworth, now a celebrated researcher and professor, describes her early eye-opening stints in teaching, business consulting, and neuroscience, which led to the hypothesis that what really drives success is not “genius” but a unique combination of passion and long-term perseverance.”

A free copy of the book will be provided to the first fifty people who sign up. Participants are

expected to read along with the group, attend three community discussion gatherings, and are invited to pass the book on to another community member when they have finished it.

Book discussions will take place at the Los Alamos High School library on Thursday evenings from 5:30-7:00 pm (October 5, 19 and November 2) and will be facilitated by LAPS staff and community members. Light food and refreshments will be provided.

The Healthy Schools Initiative is dedicated to supporting staff and student well-being through school-based programs, professional support, and community outreach and engagement. Contact LAPS' Healthy Schools Initiative Director Kristine Coblenz at k.coblenz@laschools.net or 663-2263 to sign up.

###

For more information, please contact:

Kristine Coblenz
Healthy Schools Program Director
k.coblenz@laschools.net
505-663-2263

Superintendent Kurt Steinhaus
Los Alamos Public Schools
Office: 505-663-2230, Mobile: 505-470-3478
k.steinhaus@laschools.net