



SENG (Supporting Emotional Needs of the Gifted) SMPG Plus+ One-Day Retreat

Parenting a gifted child or teen can present special rewards and challenges.

Perhaps your child....

- is unusually intense or sensitive
- has a high energy level; may seem scattered and disorganized
- has very high expectations of self/others
- can be argumentative or perfectionistic
- has trouble finding friends his or her own age
- is a rapid, curious, innovative learner who may be disruptive or bored in school
- has an intellectual level far beyond his or her emotional level
- has learning disabilities in addition to being gifted

You are invited to join a one-day retreat with other parents of gifted children.

SMPG Plus+ is structured to bring together 10 to 20 interested parents of gifted and talented children to discuss such topics as motivation, discipline, stress management, and peer relationships. The one-day retreat format covers core SMPG topics alternating with dialogue and breaks for movement, meditation, lunch and to time to connect with other participants. While the discussions will be structured in a similar manner to the traditional SMPG model, parents will be held in the comfort of tribe for a full day with a goal for all to leave feeling relaxed, replenished and empowered with expanded community and expertise. The co-facilitators of the group, though they are knowledgeable about parenting and about educating gifted/talented children, do not attempt to give expert advice to families. Instead, their facilitation provides a non-judgmental and nurturing atmosphere.

SENG: Supporting Emotional Needs of the Gifted

SENG's mission is to empower families and communities to guide gifted and talented individuals to reach their goals: intellectually, physically, emotionally, and socially. <http://sengifted.org/>

When: From 8:00 AM until 5:00 PM on Saturday, November 4, 2017

Where: Los Alamos Middle School, Library

Co-Facilitators: Linda Pike Bennett, MA, LSC, LMHC, Los Alamos Middle School GATE Teacher/Case Manager, SENNG-trained Facilitator, and parent

Ali Semanision, MA Special Education/Gifted, GATE/TESOL endorsed, Mountain Elementary GATE Teacher/Case Manager, and parent

Cost: The Los Alamos Public Schools Foundation has generously provided a grant to make this program available to participants at no cost.

Text: *Parent's Guide to Gifted Children* by James T. Webb. The text is available to borrow in preparation for the retreat.

Registration: Limited to the first 20 people. Only open to those who have not previously attended the SENNG Model Parent Group. Email asemanision@gmail.com to register for the class. Please include the attendee's name and your child/children's grade(s) and school site(s).

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