

September 2018

chartwells  
eat. learn. live.



## September is national better breakfast month!



One goal at Chartwells is to ensure teens always have access to breakfast. High school and middle school students can buy daily breakfast items like; burritos, breakfast pizza, fruit parfaits, milk cereal, juice and more.

### OPEN HOUSE

If we missed you at open house and you have any questions, just let us know. We're happy to help! Have questions about balances, free and reduced lunch or allergies, feel free to give us a call, drop us an email or a text at 409-877-3911  
[Mia.Holsapple@compass-usa.com](mailto:Mia.Holsapple@compass-usa.com)

## Los Alamos School District

Thank You!!



The Unitarian Church put kindness at the forefront of a new school year by donating funds to help those struggling to eat. The donation helped 23 students at the middle and high school have a warm meal, start off on a clean slate and feel cared for by the community. Food services director Mia Holsapple can assist those that can offer help to find the right fit.

### HEAVY ON THE SNACKS PLEASE

This year snacks and/or lunch are available for Pre-K students at Barranca and Pinon Elementary. The plethora of snacks like fresh fruit, vegetables, crackers, sandwiches, and yogurt, help little bodies grow and minds explore.  
[www.webMD.com](http://www.webMD.com)

### SPECIAL SERVICE FOR STAFF

Chartwells wants to reach out to LAPS staff because when you take care of others, you occasionally forget to take care of yourself. Request our new flyer with a list of everything we can do for you on short notice. We have options for delivery and for pick up too.

