



Camp Corazon

June 7-9, 2019

Provided by the **Children's Grief Center of NM**



Camp Corazon is a free 3-day/2-night camp for children ages 7-senior in high school who have experienced the death of a loved one. Camp Corazon is specifically designed for children outside central New Mexico that cannot access our services due to distance. We offer traditional camp activities such as a challenge course, bonfire, songs, games and the unique opportunity for kids who have lost a loved one to share their feelings and memories with others who have similar experiences. The camp provides grieving kids with coping skills they can use in their daily lives after Camp Corazon. This year Camp Corazon will be at **Bishop's Ridge Recreation Center in Santa Fe, NM.**

The Children's Grief Center of New Mexico has been providing support to bereaved children in Albuquerque and Rio Rancho since 2001 and statewide via Camp Corazon since 2013. We serve over 800 children and their families annually.

How camp helps.... After a loved one dies, children often feel isolated, angry and afraid. When everyone else in the family is grieving too, the changes can be overwhelming. At Camp Corazon, campers meet other children who have similar stories – often for the first time. At Camp Corazon, we laugh, we cry, we play and we bond. We learn that we are not the only ones. We learn that it is not our fault. Children are assigned to a group, based on age. They move through the entire weekend with their group, including the Sharing Circles.



"I talked about it and let the tears go that I was never able to shed." 13-year-old girl whose mom died

"Camp helped me because I shared my feelings. And it helps me to talk because I don't talk at home. It helped me to know that it was not my fault." 9-year-old girl whose mom died

To sign a camper up for camp, go on our website, listed below. You will find a family welcome letter & form, camper application, and indemnification form. You will find the directions in the family letter. After we receive the application, we will be calling to do a phone interview.



For more information, please contact: The Children's Grief Center of New Mexico (505)-323-0478 www.childrensgrief.org or visit our Camp Corazon page at <https://childrensgrief.org/camp-corazon/>

