



BUILDING A CULTURE OF SUPPORT

Gifted Horse and Girls Circle:

These inclusive groups give students a safe place that is nonjudgmental to learn effective communication skills, connection, and positive mental and emotional awareness. During our summer program we will be concentrating on boundaries, understanding others/personality types and kind assertiveness through working with horses.

When: June 5 - 14 (sessions are held on weekdays)

Where: North Mesa Stables, Barn 15/16

Time: 10:00am - 1:00pm

Who: Current 8th & 9th graders as of May 2018

Facilitator:



Kristine Tobias, Founder of Gifted Horse and PATH (Professional Alliance of Therapeutic Horsemanship) Instructor Certified, has a BA in Psychology, was an ABA therapist for children with ASD in California. She has worked as a counselor for adults with mental illness and a Case Manager for the state of NM DD Waiver. She is now realizing her dream of combining her two passions, social service and horses.

Facilitator:



Danielle Sutherland, Family Resource Specialist and Boys Council/Girls Circle Coordinator for JJAB, has a master's degree in psychology and has been working with youth and families for more than 12 years. She has been facilitating Girls Circle in Los Alamos for Elementary to High School students. She is passionate about working with girls and helping them to find their authentic selves.

For More Information and Registration Please Contact Danielle Sutherland, JJAB BCGC Coordinator: 480.285.9496 or danielles@losalamosjjab.com

PARTICIPANTS QUOTES:

“SINCE I JOINED GIRLS CIRCLE AND STUDENT COUNCIL, I’VE BEEN ABLE TO EXPRESS MY THOUGHTS MORE EASILY.”

- ELEMENTARY GC

“RIDING AT GIFTED HORSE BROUGHT OUR DAUGHTER OUT OF HER SHELL.”

- PARENT

“IN GIRLS CIRCLE I LEARNED THAT I’M NOT ALONE AND PEOPLE CARE.”

- MIDDLE SCHOOL GC

“YOU HAVE REALLY HELPED ME THIS SEMESTER. THANK YOU FOR GIVING ME A PLACE TO FEEL SAFE.”

- MIDDLE SCHOOL GC

“RELATIONSHIPS NEED WORK FOR BOTH ENDS.”

- HIGH SCHOOL GC

“EVERYONE IS BEAUTIFUL INSIDE AND OUT AND NO MATTER WHAT PEOPLE HAVE GONE THROUGH, YOU CAN ALWAYS SUPPORT EACH OTHER.”

- HIGH SCHOOL GC

“I LIKED MY EXPERIENCE AT GIFTED HORSE SO MUCH I WANT TO COME BACK AND VOLUNTEER.”

- ELEMENTARY STUDENT

“I HAVE LEARNED HOW TO USE MY VOICE AND APPRECIATE THE LITTLE THINGS IN LIFE.”

- HIGH SCHOOL GC

