



BE HEART SMART

Heart Smart Poster Contest THE FAMILY YMCA



The theme of this contest is “Be Heart Smart”.
Posters may be in any medium (crayon, paint, etc.)

Important: Be sure to include your name, address, phone number, school and grade on the back of your poster.

Deadline for entries: Monday, September 23rd
Two age categories: K-3 and 4-6

Prizes for each age category for 1st –3rd place!

Winners will be notified Sept. 26 and will have their posters on display at the Health Fair on Sept. 28. Prizes may be picked up at the Y booth during the Health Fair or at the Y until October 4.

662.3100

THE FAMILY YMCA

www.laymca.org

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