

December | 2019

LOS ALAMOS SCHOOLS

December is...

This is a great month for positive diversity. There are a variety of holidays to celebrate, so rejoice!

Chanukah * Christmas
Kwanza



Dec. 4th is National
Cookie Day!



Dec. 14th Wreaths Across
America Day!

Dec. 15th Bill of Rights Day!



December 20th
National Ugly Sweater Day!

Hot Lunch Helpers



If you are looking for ways to give this holiday season, how about a Hot Lunch for a student in need anytime? All of our 7 school sites have students in need, each day. If you would like to sponsor one, email Food Services Director Laurence Pena and select the school of your choice.

Laurence.Pena@compass-usa.com



SPELLING BEE

Pinon Dec. 10th * Chamisa Dec. 11th
Mountain Dec. 17th * Barranca Dec. 18th

STRESS LESS

As the semester comes to an end, prepare to handle stress along the way.

You can listen to music, read, relax with friends or spend time with a pet.

Self-Care & Mental Health



Families can help youth to learn good self-care habits.

BlessingsManifesting.com can help you with opening dialogue, learning about mindfulness and handling anxiety and depression.

Community Asset Awards

The Community Asset Awards are January 11th. Nominations are due by Dec. 24th.

www.cya-nm.org

WINTER BREAK

Dec. 24th-Jan. 4th
 Rewind+Renew+Refresh

WINTER FEST

December 6th through 8th
 family oriented week,
 celebrating winter in
 Los Alamos 😊
 Holiday Lights Parade
 Dec. 7th
 6pm-7pm Central Avenue



HAWKS GO GREEN

The Hawks are putting an end to waste at Los Alamos Middle School. As new trays have arrived, no paper products will be used for hot food.

